From the Commissioner

I've always loved experiencing the change of the seasons in North Carolina, but springtime has got to be the best. As the weather warms up and the birds start singing, there is a sense of rebirth and renewal all around us. I'm looking forward to a busy spring with many safety awards banquets and other NCDOL events on my calendar.

I'm also looking forward to participating in the NCDOL silent auction that will go live with items donated by all employees April 22. The silent auction is sponsored by the Employee Recognition Banquet Planning Committee and helps offset the cost of lunch per person at the annual employee recognition banquet. Participating in the auction is a fun way to get involved with your co-workers and support the work of the committee.

It's also a good time to do a little spring cleaning and get rid of items around the house that you don't know what to do with. Perhaps you have a piece of artwork, furniture or jewelry that you no longer need or want. You can donate these items to the auction. If you have not had time for spring cleaning, desserts or baked goods are also popular items on the auction and have helped raise a lot of money over the years.

For additional auction item ideas and details, see page 4 in this edition of *Labor N.C.* or contact Carter Grimes and she will be happy to assist you.

Please note that this year's employee recognition banquet is scheduled for Wednesday, Oct. 9, at the Raleigh McKimmon Center. I hope you will mark your calendars and plan to attend.

On a final note, the NCDOL 2018 Annual Report will be available on our website Tuesday, April 2. The report is a compilation of the work that our many bureaus and divisions perform throughout the course of the year. It is made available to reporters, legislators, lobbyists and anybody else who is interested in learning about the work that we do at NCDOL. I look forward to reading this year's report and will keep it on-hand as I travel across the state.

I do encourage each of you to carve out some time to read the report. Whether you are in the field or in the office providing administrative support, what we do individually and collectively as an agency is important.

I hope each of you will be able enjoy the state holiday for Good Friday and will be able to spend quality time with family and friends on Easter Sunday.

Employee News

New Hires

- Millicent Williams, investigator, REDB, Raleigh
- Sara Imm, health compliance officer I, OSH East, Raleigh
- Kevin Kearney, health compliance officer I, OSH West, Charlotte
- Robert Sinram, elevator inspector, Elevator, Charlotte

Promotion

• Eric White, supervisor, Elevator, Charlotte

Retirements

- Gene Lassiter, elevator safety inspector, Elevator, Raleigh
- Sandra Allen, recognition program assistant, ETTA, Raleigh



Kevin Beauregard, OSH director, presents Sandra Allen, ETTA, a certificate of service during her retirement party March 29. Sandra Allen's retirement date is May 1, 2019.



Gene Lassiter, Elevator, retires from NCDOL after working at the department since Dec. 1, 1994.

Upcoming Birthdays

- 4-2 Marcia Page
- 4-3 Andrew Gunto
- **4-4 Jeffrey Mitchell**
- 4-6 Bart Evans
- 4-9 Matthew Blanton
- 4-9 Blair Byrd
- 4-9 Sam Kirkman
- 4-9 Mark Rasdall

- 4-17 Rob Jacobson
- 4-19 Crystal Williams
- 4-20 Matthew Gruber
- 4-20 Erin Smith
- 4-20 Wesley Tart
- 4-22 Sandra Allen
- 4-23 Dean Johnson
- 4-26 Jerrick Valerio

- 4-27 Chuck Murdock
- 4-28 Leaton Jones
- 4-28 Mary Katherine Revels
- **4-29 Merville Forrester**
- 4-29 Crystal Stallings
- 4-29 Jill Warren

The article below appeared in the American Society of Safety Professionals, East Carolina University Student Section's March 18, 2019, newsletter.

NORTH CAROLINA OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION



(Left to right: Dr. Hardison, Curt Davis, Ric Schumann, Mark Taylor, John Jaskolka, John "Pat" Curran, Kong Meng Lee, Caitlin Payne, Don Gray, Neil Henry)

Dr Dylan Hardison and Mr. Pat Curran, invited students of the ECU MSOS program to the meet North Carolina Department of Labor's Industrial Hygienists in Raleigh, NC. During this visit, the students learned the basic techniques of calibrating several industrial hygiene (IH) sampling equipment, collecting samples, and analyzing sampling data. There are many different types of sampling equipment that are used based on what the IH specialist is sampling for such as: inhalable or respirable dust, mist, fumes, and noise. An IH specialist must understand how to use NIOSH and OSHA sampling methods, calibrate several types of instrument, and use these different types of instruments and meters work so that the specialist can get the most accurate readings. There are specific ways to sample and monitor various contaminants or physical elements that require specific sampling flow rates and media. This science is important in obtaining a valid sample so that the IH specialist can give the best recommendations for mitigating the exposures to workers.

-Neil

Inside NC Labor—Episodes 8 and 9



Be sure to check out NCDOL's podcast, *Inside NC Labor*. Episode eight features special guest Beth Rodman (*left*), ASH, and episode nine features Commissioner Berry; Jay Stem, N.C. Aggregates; William Gerringer, Mine and Quarry; Sam Pierce, MSHA; Bryan Moore, Vulcan Materials Co.

2019 Silent Auction Announcement

The Employee Appreciation Banquet Planning Committee is gearing up for our silent auction benefitting the 2019 Employee Recognition Banquet. The Auction will open on April 22, 2019. However, we need your help.

Now that winter is officially over and everyone may be getting ready to do a little spring cleaning, we ask that you keep us in mind. Your slightly and gently used items could be donated to the auction and be a treasure for a lucky bidder.

Not in the spring-cleaning mood? That's ok! Gift cards, desserts, meals, special skills and/or specialty items could be donated as well. Start thinking about what your donation could be. It will all be appreciated.

If you have any items you would like to donate, please contact Adriana Jordan at adriana.jordan@ labor.nc.gov or Carter Grimes at carter.grimes@labor.nc.gov. We will be accepting donations between March 25, 2019, and April 16, 2019.

More information about the auction and some fun surprises we have in store will be forthcoming in the next few weeks. Stay tuned.

What's New @ Your Library

By Nick Vincelli, Librarian

New Print Titles

• *Continuity, Emergency, and Crisis Management* (NFPA 1600-2019) National Fire Protection Association, 2018.



- *Did You Know? : A Guide to Labor Laws Enforced by the Wage and Hour Division* (KF 3369.85 .D53 2017) USDOL-WHD, 2017.
- *Emergency Management and Continuity Programs* (HV 551.3 .N475 2016) National Fire Protection Association, 2016.
- Fundamentals of Combustible Dust (NFPA 652-2019) National Fire Protection Association, 2018.
- Explosion Prevention Systems (NFPA 69-2019) National Fire Protection Association, 2018.
- Fire Code Handbook (TH 9182 .N47 2018) National Fire Protection Association, 2018.
- Installation of Sprinkler Systems (NFPA 13-2018) National Fire Protection Association, 2018.
- National Fire Alarm and Signaling Code (NFPA 72-2019) National Fire Protection Association, 2018.
- Safe Confined Space Entry and Work (NFPA 350-2019) National Fire Protection Association, 2018.
- Small Unmanned Aircraft Systems (sUAS) Used for Public Safety Operations (NFPA 2400—2019) National Fire Protection Association, 2018.

New Periodicals

- NFPA Journal (March/April 2019) National Fire Protection Association, 2019.
- National Board Bulletin (Feb. 2019) National Board of Boiler and Pressure Vessel Inspectors, 2019.
- *Professional Safety* (Mar. 2019) American Society of Safety Professionals., 2019. Donated by Kevin Beauregard, OSH Admin.
- Safety + Health (Mar. 2019) National Safety Council, 2018. Donated by Wanda Lagoe, ETTA.

New DVD

• *Cultivating Compliance : an Agricultural Guide to Federal Labor Law* (DVD 792) USDOL-WHD; 10 min.; 2014.

Online FYIs

- Active Shooter Technical Report (March 2019 issue of Professional Safety) https://www.assp.org/docs/default-source/psj-articles/si_0319.pdf
- *EXAMiner* (NIOSH-Mining software) https://www.cdc.gov/niosh/mining/works/coversheet2050.html
- *NIOSH Research Rounds* (March 2019) https://www.cdc.gov/niosh/Research-Rounds/resroundsv4n9.html
- *NFPA Glossary of Terms* (2019 Edition) http://tinyurl.com/y4f3qf4e
- *National Library Week* (April 7-13—American Libraries Association) http://www.ala.org/conferencesevents/celebrationweeks/natlibraryweek
- *National Safety Stand-Down to Prevent Falls in Construction: May 6-10, 2019* (OSHA) https://www.osha.gov/StopFallsStandDown/index.html
- Occupational Outlook Handbook (BLS) https://www.bls.gov/ooh/
- *Put Your Guard Up: Guardrails Protect Everyone* (Builders Mutual) http://blog.buildersmutual.com/put-your-guard-up-guardrails-protect-everyone
- *Radiation Emergency Preparedness and Response* (OSHA) https://www.osha.gov/SLTC/emergencypreparedness/radiation/
- *Safety* + *Health Programs* (USDOL-OSHA) https://www.osha.gov/safeandsound/safety-and-health-programs.html
- *Spray Painting and Sanding Nano-Enabled Paint* (CPWR) https://tinyurl.com/y6rtgkfx
- *Spring Safety* (NOAA-NWS) https://www.weather.gov/wrn/spring-safety
- *Watch and Learn-FLSA Compliance Videos* (USDOL-WHD) https://www.dol.gov/whd/flsa/videos.htm