

From the Commissioner

It's around this time of year that many folks begin to think about picking out a Christmas tree. Some of the most beautiful trees in the world come from right here in North Carolina, and selecting the perfect one can create great memories, even more so if you have children and grandchildren who bring out the magic of Christmas.

Many factors go into having a successful tree, such as plenty of water, a strong stand, bright lights, ornaments and a colorful skirt. And, of course presents to surround it at its base waiting to be opened on Christmas morning.

NCDOL is like this example of a successful tree. And it takes many parts, (all of you) to make this happen. This is the time of year that I count my blessings, and I am truly blessed to have each of you here to make sure we also shine brightly like those Christmas lights.

I love the annual Christmas Open House and look forward to it each year. The Labor Building's Christmas tree is a home-grown North Carolina tree. Under it will be many toys as we wrap up our annual Toys for Tots drive on Dec. 13 when the marines will personally pick up our toys from the Labor Building. Some special elves have already contributed special items such as a girls and boys bikes to this worthy cause. I look forward to seeing all the toys each year and I am always overwhelmed with the generosity of our staff and our many partners. It is one of the best things that we do all year, so keep checking your emails for ways you can contribute.

I want to commend Lee Peacock and his team for helping put the toy drive together each year, and each of you who contribute toys and work to help so many needy families across the state enjoy gifts under the tree Christmas morning.

The U.S. Marine Corps Toys for Tots Drive should remind all of us of the real 'Reason for the Season,' and why I still consider what we do to ultimately be about service to others. I hope it continues to be at the center of every decision that we make. What I also hope is to see each of you, at the Christmas Open House, or in the New Year. May God bless you.



Please join us for

*Commissioner Berry's
2017 Christmas Open House*

*Wednesday, December 13,
from two o'clock until three
thirty in the Labor Building*

*The Open House culminates our
annual Toys for Tots drive.
Your generosity is appreciated.*

R.S.V.P to dolores.quesenberry@labor.nc.gov

Employee News

- Congratulations to Dawn (Jarman) Reynolds on her recent marriage to Steve Reynolds. Dawn a health compliance officer II in the Charlotte office has been with NCDOL for 20 years. In addition, her new husband Steve is no stranger to NCDOL as he used to work out of the Charlotte field office as a safety compliance officer.

- Congratulations to Abigail Newton, Consultative Services, on passing her test to become a Certified Industrial Hygienist on Nov. 15.
- Congratulations to Paul Chavis, OSH Compliance East, on receiving the Public Sector MESH in late October.
- Don Kinney and Danny Harrell, Boiler Safety, attended the National Board of Boiler and Pressure Vessel Inspectors “Inspector Supervisor” course, and successfully passed the examination.
- Congratulations to Dawn Reynolds, Consultative Services, on receiving the MESH certification.
- Our condolences to Steve Able, OSH Compliance West, on the death of his brother, Jeffrey W. Able.



Photo courtesy of Jeff Wilson

Jeff Wilson, Publications, and his son Forrest recently met Kris Kristofferson following Forrest's opening night performance as Augustus Gloop in UNC-G's fall production of Charlie and the Chocolate Factory.

New Hires

- Hugh Miller, agricultural safety officer, ASH, Raleigh
- Sheldon Joseph, safety compliance officer, OSH East, Raleigh

Job Change

- Morgan Brown, from industrial hygiene inspector, OSH Compliance East, to carolina star safety consultant II, ETTA, Raleigh

Separations

- Joe Harrill, safety compliance officer, OSH West, Winston-Salem
- James Spigner, safety and health representative, Mine and Quarry, Catawba County

Retirement

- Doug Jones, OSH district supervisor, OSH West, Winston-Salem



NCDOL photo library

Kevin Beauregard, OSH director, presents Doug Jones with the Order of the Long Leaf Pine on Nov. 16 recognizing his 31 years of service to NCDOL.

Upcoming Birthdays

12-1 Jackie Haley	12-11 James Thomas	12-18 Cristina Almonte-Martinez
12-2 Altagracia Guzman	12-11 Frank Clements	12-20 Wanda Smitherman
12-3 Janie Judd	12-13 DaQuan Holland	12-21 Cherie Berry
12-4 Beth Henley	12-13 Eursula Joyner	12-22 Thomas Norwood
12-6 Phil Hooper	12-14 Brian Peterson	12-23 Lee McKinney
12-6 LaMont Smith	12-14 Donell Sanders	12-28 Taisha Coppadge
12-6 Anthony Pacitti	12-14 Jeff Wilson	12-28 Don Kinney
12-8 Jackie Spangler	12-16 Donald Kidd	12-30 Judyth Niconienko
	12-17 John Kirkland	12-31 Dawn Reynolds

Toys For Tots Campaign

Our 19th annual Toys For Tots campaign is officially underway. The thousands of toys which have been donated has helped so many less fortunate families provide their children excitement and joy on Christmas morning.

All of your Toys For Tots Captains have worked hard getting the bins in place, hanging posters, and spreading the word about the drive. Drop off your new unwrapped toys at the following locations: Labor Building 1st and 2nd Floor Lobbies, Old Revenue Building (Labor) 2nd, 3rd, 4th, 5th, and 6th Floor Lobbies.

We are also excited to announce the 1st annual NCDOL Toys For Tots Selfies Contest! We are wanting your Selfies taken with toys which will be donated as part of our annual toy drive. And, we are giving away BIG PRIZES for the top 3 Selfies (First Place: \$20 Gift Card, 2nd Place: \$15 Gift Card and 3rd Place: \$10 Gift Card).

Surviving the Fire: Development of a Motivational Speech



Morgan Brown, ETTA, is currently completing her Master of Science Occupational Safety degree from ECU. She asked Commissioner Berry to be her mentor for her practicum/final project. Of course Commissioner Berry accepted. "I commend Morgan for her efforts on this project," said Commissioner Berry. "I am so proud of her job well done." For her final project, Morgan gave a motivational speech at the Western North Carolina Safety & Health Conference in Asheville on Nov. 6. The idea for her speech came on April 18, when her house was burned to the ground and she lost all of her belongings as well as her beloved pets. Morgan shared her story with the conference attendants in hopes to make them aware of the threats associated with house fires.



Morgan Brown presenting her motivational speech at the Western North Carolina Safety & Health Conference in Asheville on Nov. 6.



Commissioner Berry along with LaMont Smith, ETTA, observe while Morgan Brown defends her practicum on Nov. 16.

Northeast Regional Ag Expo 2017

The Northeast Regional Agricultural Expo occurred on Nov. 2, 2017, at the Senator Bob Martin Eastern Agricultural Center in Williamston, North Carolina. The N.C. Department of Labor was invited to attend the Ag Expo this year as an exhibitor. Labor One, NCDOL's mobile training unit, was onsite to assist Tom Wilder from Education Training and Technical Assistance and Kathy Capps from the Agricultural Safety and Health Bureau. Labor One's classroom was used to teach students about agricultural safety through short instructional sessions and videos. Kathy Capps answered questions and facilitated conversations related to careers in agriculture and safety. Tom Wilder manned the booth outside of Labor One; handing out information, answering questions, and greeting attendees. The event had over 70 exhibitors, the highest number since the event started six years ago. About 1,000 students and 100 adults attended the event. The counties that participated this year were Beaufort, Craven, Edgecombe, Halifax, Hyde, Martin, Perquimans, Tyrrell, and Washington.

The idea for the Ag Expo came from Steve Griffin and his son Archie Griffin, local farmers in the area. They wanted to introduce students to the diverse career opportunities in agriculture. Mr. Griffin spoke with Mac Hodges with the Beaufort County Farm Bureau about the idea, and they approached the Beaufort County Schools system to discuss the formation of a partnership.

The Ag Expo was first held at Northside High School in Beaufort County with about 400 attendees. Since the inaugural year, the Ago Expo has grown with more counties wanting to participate every year. The Expo was designed to expose high school students in Eastern North Carolina to diverse career opportunities in agriculture while emphasizing the need for education beyond high school, career training, and agricultural safety training. Students attending the Expo are currently involved with Future Farms of America or other agricultural related programs.

The Ago Expo would not have been possible without the initial support of the Beaufort County Farm Bureau, but has since gained the support of more than a dozen additional Farm Bureau's in Eastern N.C. The financial contributions of these groups provide lunch, along with a commemorative t-shirt for each student attendee. The Northeast Regional Ag Expo is held at no cost to the students, and the county school district provides transportation to the Senator Bob Martin Eastern Ag Center.



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Reminder to Change Email Signature

With the launch of www.labor.nc.gov, please remember to change your email signature. While there is a redirect in place, we would like the public to know and use the new domain name. Please take a second to double check your email signature so it reflects www.labor.nc.gov.

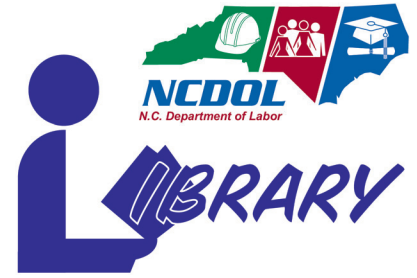
www.labor.nc.gov

What's New @ Your Library

By NICK VINCELLI, LIBRARIAN

New Print Titles

- *Guide to Tilt-up Concrete Construction* (ACI 551.1R-2014). American Concrete Institute, 2014.
- *Hazardous Materials for First Responders* (4th ed.) Fire Protection Publications, 2010.
- *Illustrated guide to the National Electrical Code* (7th ed.) Cengage Learning, 2017.
- *Mobile Wastes and Recyclable Materials Collection, Transportation, and Compaction Equipment...* (ANSI Z245.1-2017) National Waste and Recycling Association, 2017.
- *Professional Safety* (Aug.-Sept. 2017) ASSE, 2017. Donated by Kevin Beauregard, OSH.
- *Safety + Health* (Aug.-Oct. 2017) National Safety Council, 2017. Donated by Kevin Beauregard, OSH.
- *Safety Requirements for Entering Confined Spaces* (ANSI/ASSE Z117.1-2016) American Society of Safety Engineers, 2016.



Online FYIs

- *AAOHN Respiratory Protection Program*
<http://aaohn.org/respiratory-protection>
- *Climber Connection* (NATE videos)
<https://natehome.com/safety-education/1893-2/climber-connection/>
- *Code Requirements for Exterior Walls Containing Combustible Components*
http://www.nfpa.org/codes-and-standards/resources/code-requirements-for-exterior-walls-containing-combustible-components?order_src=C246
- *Evaluating Shipyard Competent Persons Program*
<https://www.osha.gov/Publications/OSHA3923.pdf>
- *Fall Protection Leads OSHA's 'Top 10' List of Most Frequently Cited Violations*
<http://www.safetyandhealthmagazine.com/articles/16217-fall-protection-leads-oshas-top-10-list-of-cited-violations>
- *Hazard Recognition Challenge – NIOSH*
<https://www.cdc.gov/niosh/mining/works/coversheet2013.html>
- *Hazardous Drug Exposures in Health Care*
<https://www.cdc.gov/niosh/topics/hazdrug/default.html>
- *NIH MedlinePlus Magazine...* (Fall 2017)
<https://medlineplus.gov/magazine/>
- *NIOSH Research Rounds* (November 2017)
<https://content.govdelivery.com/accounts/USCDC/bulletins/1c5099d>
- *NIOSH Worker Health Charts*
<https://wwwn.cdc.gov/Niosh-whc>
- *Nondestructive Testing and Wire Rope Examinations*
<https://www.msha.gov/sites/default/files/events/ndt-wire-rope-examinations-7-31-2017.pdf>

- *Protecting Workers in Enclosed Cabs from Silica Exposure* (recorded CPWR webinar)
<https://www.youtube.com/watch?v=tbvVaXl30Iw&feature=youtu.be>
- *Robotics*
<https://www.cdc.gov/niosh/topics/robotics/default.html>
- *Safe Housekeeping and Sanitation Practices*
<https://www.osha.gov/Publications/OSHA3871.pdf>
- *Seasonal Flu*
<https://www.osha.gov/dts/guidance/flu/index.html>
- *Whistleblower Protection for Public Transportation Agency Workers*
<https://www.osha.gov/Publications/OSHA-factsheet-whistleblower-trans-agencies.pdf>

Happy Thanksgiving



NCDOL employees enjoy the Standards and Inspections Thanksgiving lunch on Nov. 16.