



JUNE 2020

# LABOR N.C.

*For all NCDOL Employees*

## FROM THE COMMISSIONER

I am so impressed by the accomplishments of the 13 graduates featured in this edition of *Labor NC*. Unlike any other class, the class of 2020 will certainly have interesting stories to share for the rest of their lives about how their senior years were upended by a pandemic. While COVID-19 stripped them of the traditional pomp and circumstance, I hope your families found a special way to celebrate their achievements.

Graduation is a special milestone and I sincerely wish each graduate much success as they begin their new adventures in life. One of my favorite books for graduates is *Oh, the Places You'll Go!* by Dr. Seuss. The book provides a good reminder to never stop believing in yourself on your journey through life. Know that you will face obstacles along the way, such as facing a pandemic, but if you believe in yourself and make good decisions, you can and will overcome them!

I am excited that we are beginning to transition back to some of our regular routines. More importantly, I'm excited that we're getting back into the office now that the stay-at-home order was lifted. If we collectively take personal responsibility for our actions by practicing social distancing, wearing masks as needed, washing our hands frequently, continuing our virtual meetings and following other recommended safety and health guidelines, I believe we can prevent the spread of COVID-19 while continuing the mission of the department.

I look forward to seeing you all soon!



Cherie

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# EMPLOYEE NEWS

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- Congratulations to Gregory Greene, Consultative Services, for the completion of the Construction MESH certification.
- Congratulations to Idelisse Perez, ETTA, for the completion of the MESH certification.
- Congratulations to Becky Brown, retired director of financial services, who has been appointed to serve on Western Carolina University's Board of Trustees. **Learn more here.**
- Please see graduation announcements on Page 3.

## NEW HIRES

- Amber Hartis, OSH West, OSHA health compliance officer, Charlotte

## SEPARATIONS

- Ebony Smith, Financial Services, accounting technician, Raleigh

## RETIREMENTS

- Tom Chambers, Elevator and Amusement Devices, bureau chief, Raleigh
- Kathy Canady, OSH Administration, executive assistant, Raleigh

## *June Birthdays!*

2 Eric White  
3 Celestine Chestnutt  
5 Carl Burton  
6 William Gerringer  
7 Renathe Cotten  
8 Ben Harris  
9 Chanel Brown  
12 Bruce Miles  
13 Betty Morgan  
15 Jay Cronley

16 Laura Crawford  
17 Chris Fombin  
17 Tom Hardesty  
18 Morgan Brown  
20 Emily Fish  
20 Stephanie White  
22 Sarah Carr Barnes  
22 Carl Burgette  
22 Katie Perry  
23 LaKisha Cameron

24 Ralph Cumberland  
24 Michael Hayhurst  
26 Ushang Desai  
26 Carla Rose  
28 Jovonah Weeden  
29 Stacey Thompson  
29 Terry Putek  
30 Twanette Haiser





# CONGRATULATIONS CLASS OF 2020

- **Tiana Rae Sullivan** is graduating from Charlotte Latin School in Charlotte on May 29, where she was a member of the Cum Laude Society. She will be attending the University of Notre Dame this fall and plans to double-major in neuroscience and Spanish. Tiana is the **daughter of Paul Sullivan, OSH West**.
- **Hannah Pearson** is graduating from Lee Christian School in Sanford in June. Hannah will be the class of 2020 valedictorian. She will be attending High Point University in the fall to pursue a degree in elementary education with a minor in special education. She also has plans to obtain her master's degree in literacy there in order to become a reading specialist. She was also accepted into HPU Education Fellows Program. Hannah is the **daughter of Bruce Pearson, Consultative Services**.
- **Matthew Warren** is graduating from Central Academy of Technology and Arts in June. Matthew will be attending Peabody Institute of The Johns Hopkins University to pursue a dual degree Bachelor of Music in Recording Arts and Sciences where he will study horn performance and recording technology. Matthew is the **son of Jill Warren, OSH West**.
- **Maxine Warren** graduated from Point Park University in April with a Bachelor of Fine Arts degree in Dance and minors in both biology and psychology. Maxine would like to pursue a career in performance and is actively seeking employment in musical theater and commercial dance. Maxine is the **daughter of Jill Warren, OSH West**.
- **Vivianna Servin** will graduate on June 12 from John Wooden High School in California. She will be attending Pierce Community College in Woodland Hills, Calif. and has an interest in going for her nursing degree at California State University Northridge. She has been on various soccer teams and has been named MVP for some of her teams. Vivianna has expressed her interests in entrepreneurship as well. She currently has her own business doing eyelash extension and eyebrow shaping. She is the **niece of Christina Morales-Bebrin, Wage and Hour**.
- **Miss Kaliyah Danielle Fedrick** will graduate from Needham B. Broughton Global Studies Magnet High School in Raleigh on June 12. Kaliyah will attend Winston-Salem State University in the fall with an intended major of physical therapy under the Therapeutic Recreation Program. Kaliyah is the **daughter of Shirley Curtis, Consultative Services**.
- **Colby Rayborn** is graduating from University Technical Institute, NASCAR Technical Institute located in Mooresville on June 22. Colby will graduate from the Mopar Career Automotive Program. Mopar is a manufacturer-specific advanced training program covering everything from engine repair and performance to automatic transmissions, drivelines, chassis systems, electrical and body systems, diesel, A/C and heating. Colby is considering continuing his education/certification by attending the Ford program at UTI. Colby has continued to work a part-time job while being a full-time student. During this time he has earned designation of "Best-of-the-Best," by maintaining at least a 99% attendance and academic status. Colby is the **son of Lisa Rayborn, OSH West**.
- **Matthew Jared McIlhinney** is graduating from Olympic High School of Charlotte in June. He is ranked seventh out of a graduating class of 580. He will attend N.C. State University in the fall, majoring in civil engineering. Matthew is the **nephew of Art Britt, chief of staff**.
- **Israel S'ron Harden** is graduating from Douglas Byrd Senior High in July. During high school she participated in track and field and softball. Israel was also a part of the National Honor Society, Fayetteville-Cumberland Youth Council, Gospel Choir and athletic training. She will be attending North Carolina Central University in Durham in the fall to pursue a career in medicine. Israel is the **granddaughter of Paulette Geddes, Research and Policy**.
- **Forrest Wilson** is graduating from UNC Greensboro with a Bachelor of Fine Arts degree in Acting, with honors. Forrest will travel to New York to meet with agents, producers and other industry professionals once the current restrictions are lifted. Forrest hopes to be cast in acting roles on national theater stages, in movies and in television. Forrest is the **son of Jeff Wilson, Publications**.
- **Scott Carroll** is graduating from West Johnston High School as an member of the athletic honors society with 4.08 GPA, and academic all-conference. He will be attending Wake Tech completing his general studies before transferring to get his degree in business and sports management. He will continue his love of baseball by playing for the Wake Tech Eagles. Scott is the **son of Amanda Carroll, Information Technology**.
- **Cara Davis** is graduating from Cleveland High School. She will attend Barton College in the fall to play soccer and pursue a psychology degree. She is the **daughter of Angi and Curt Davis, OSH East**.
- **Sarah Hooper** is graduating summa cum laude from Leesville Road High School on June 11, and will be attending Clemson University in the fall. Sarah will be majoring in biological science and was selected to be a student athletic trainer with the Clemson Athletic Department. Sarah is the **daughter of Phil Hooper, Standards and Inspections**.

# INSIDE NC LABOR

Be sure to check out NCDOL's *Inside NC Labor*, a podcast designed to inform and educate North Carolina citizens on the role that the Department of Labor plays in state government.

Episode 36 features Tommy Petty, Elevator and Amusement Device Bureau, as he talks about the new Wilderness Run Alpine Coaster in Banner Elk.

*Inside NC Labor* is now available on YouTube, Spotify, Apple Podcasts, Anchor and Google Podcasts.

Podcasts are recorded over the phone as of March 31, 2020, in accordance with social distancing protocol.



# *Now Available!*

## 2019 ANNUAL REPORT

**Click here to read it online!**



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*Inside NC Labor*



# ***Follow Us!***

# Keep Calm and Carry On

Maintaining Your Composure Amidst the Pandemic Panic

## WEBINAR

- Strategies to tackle feelings of anxiety and stress
- Practical techniques for working from home
- Ways to address signs of panic in the workplace
- When to reach out for further help and support

**Available starting March 21**

[www.mygroup.com](http://www.mygroup.com) > My Portal Login > Work-Life >

Username: nclabor

Password: guest

Toll-free: 888-298-3907



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# What's New @ Your Library

## Online Resources

- **2019 N.C. Department of Labor Annual Report.**
- **Best Practices for Retail Food Stores, Restaurants, and Food Pick-Up/Delivery Services During the COVID-19 Pandemic.** FDA webpage.
- **Cleaning and Disinfection for Non-emergency Transport Vehicles.** CDC webpage.
- **Considerations For Reopening Following The Covid-19 Pandemic.** ICC document.
- **Coronavirus (COVID-19) Information and Resources Guide.** Wake County Human Services guidance document.
- **Coronavirus...Protecting Grocery Store Workers.** Washington State Labor and Industries Fact Sheet.
- **COVID-19 Health and Safety Guidelines for Food Processing.** OSH Hazard Alert.
- **COVID-19: Review of the Respiratory Protection for Healthcare Workers.** OSH Hazard Alert.
- **CPWR COVID-19 Resources.** CPWR (construction industry-related) resources webpage.
- **Dentistry Workers and Employers.** OSHA COVID-19-related webpage.
- **Eight Ways to Protect Meat Processing Workers from COVID-19.** OSHA blog post.
- **Enforcement Guidance for Recording Cases of Coronavirus Disease 2019 (COVID-19).** OSHA Enforcement Memo.
- **Employees: How to Cope with Job Stress and Build Resilience During the COVID-19 Pandemic.** CDC webpage.
- **Health and Safety Resources for Employers from NSC.** "This space is dedicated to health and safety resources created by the National Safety Council and its partner organizations."
- **How Many Workers are Employed in Sectors Directly Affected by COVID-19 Shutdowns ... ?** BLS article.
- **Interim Guidance for Conserving and Extending Filtering Facepiece Respirator Supply in Non-Healthcare Sectors.** CDC webpage.
- **Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 (COVID-19) in Healthcare Settings.** Updated CDC webpage.
- **Manufacturing Workers and Employers ...** "Interim Guidance from CDC and ... (OSHA) [regarding COVID-19]."
- **Meat and Poultry Processing Workers and Employers.** "Interim Guidance from CDC and ... (OSHA) [regarding COVID-19]."
- **NIH in the News.** May 2020.
- **OSHA COVID-19 Alerts and Posters.** (English, Spanish, etc.) Includes construction, manufacturing, dental offices, LTC, restaurant curbside take-out, pharmacies, retail stores, package delivery, respiratory protection, etc.
- **Protect Workers from Wet Grain Engulfment Hazards (English/Spanish.)** OSHA Alert.
- **Reopening Guidance for Cleaning and Disinfecting Public Spaces, Workplaces, Businesses, Schools, and Homes.**
- **Decision Tool.** CDC webpage/documents.
- **Safety + Health.** May 2020 issue. "Official Magazine of NSC Congress and Expo."
- **Understanding the Use of Imported Non-NIOSH-Approved Respirators.** NIOSH blog post.
- **What Long-haul Truck Drivers Need to Know about COVID-19.** CDC page.
- **What Workers and Employers Can Do to Manage Workplace Fatigue during COVID-19.** CDC page.

## New Books

- *Maintaining Indoor Environmental Quality (IEQ) During Construction And Renovation Projects.* (NIOSH 2020-110.) CDC-NIOSH, 2020.
- *Preventing Occupational Exposure to Legionella* (NIOSH 2019-131.) CDC-NIOSH, 2019.

# 2020 SILENT AUCTION

As a reminder, you may now upload items to the Silent Auction. **Click here to find this on the Intranet.**

Directions for uploading items were sent out by Sarah Carr and are also listed below. If you have questions you can contact her at **sarahcarr.barnes@labor.nc.gov**.

-Take a picture of the item using your cell phone or camera and save the image to your computer. You may upload the picture directly from your device to your computer, or you may email the image to yourself in order to save it to the computer.

NOTE: You can take up to three different views of the same item. The pictures will need to be saved as .png, .gif, .jpg or .jpeg format.

-After successfully logging into the intranet, click "Create Auction Item" on the right side of the screen.

1. Create a title for your item
2. Upload at least one image of your item. Click "choose file" to find your image, and then click "upload."
3. Add a detailed description of your item. Please be as specific as possible.
4. Add a starting bid amount.
5. Type your first and last name in the "donated by" field.
6. Set a minimum increase amount for bidding (must be at least 50 cents).
7. Select a category for your auction item, such as food, books, home decor, etc.
8. Change Moderation state from "draft" to "needs review" when you are finished with steps 1-7.
9. Click the save button. You will receive an email that your new item has been submitted for approval.

Once the item has been approved by the administrators, you will receive a second email.