



For All NCDOL Employees
October 2014

From the Commissioner

I had the pleasure of attending the 18th Annual Carolina Star Conference in September to deliver this year's closing remarks. The Carolina Star Conference is such a great networking event for our staff and other safety and health professionals across the state. I wish you all could attend.

The highlight of this year's conference was the compelling story of a work-related industrial accident that forever changed the life of Kina Repp, this year's keynote speaker. Her powerful story drove this year's theme of the conference "Living the Safety Life" home like no other. Please take a few minutes to listen to her incredible story *here* on her website.

The catalog sale for the Employee Recognition Committee ends on Wednesday, Oct. 1. The profits from the orders will help fund next year's Employee Appreciation Banquet. The ERC will have other events during the year to help raise money for the 2015 Employee Appreciation Banquet. I look forward to us all being together again in November 2015.

Employee News

- Congratulations to Curtis Hobson, Compliance West, for receiving his C-MESH certificate.
- Congratulations to Robby Jones, Nicole Brown, Paul Sullivan and Lafayette Atkinson for receiving Value Added Awards in September. The certificates note their many years of leadership in the OSH technical writing class and their commitment in updating the class presentation to include OSHA Express modifications. Their dedication and expertise as course instructors have provided a firm foundation for all OSH Division compliance officers.
- Congratulations to Travis Lucas, son of Doug Lucas (Elevator), for his graduation from Air Force Officer Training School on Sept. 9. Travis was commissioned as a second lieutenant and is at Naval Air Station in Pensacola, Florida, awaiting IFS (Initial Flight Screening) in Pueblo, Colorado, beginning Oct. 7. Travis's grandfather-in-law, who is a retired brigadier general in the Air Force, commissioned him. His grandfather, who is retired from the Navy, gave him his first salute.
- Congratulations to Evelyn Zoldak, Research and Information Technology/IDA Program, on the birth of her great grandson. Landon Alexander Holland was born Sept. 15 at Spalding Regional Hospital in Spalding, Georgia, weighing in at 5 pounds, 14 ounces, and 19 inches long.

New Hires

- Beth Benson, recruitment specialist, Human Resources, Raleigh.
- Jeffrey McClaren, safety compliance officer I, OSH, Raleigh.
- Mark Rasdall, safety compliance officer I, OSH, Raleigh.
- Veatasha Dorsey, health compliance officer I, OSH, Raleigh.

Separations

- Ella Moultrie, health compliance officer II, OSH, Charlotte.

- Beth Rodman, agriculture safety officer I, OSH, Raleigh.
- Emylee Pederson, health compliance officer I, OSH, Wilmington.

Retirements

- Don Turnham, discrimination investigator, EDB, Raleigh.
- Charles Knox, health compliance officer I, OSH, Winston-Salem.
- Scott Hammond, health consultant, Consultative Services, Charlotte.



Don Turnham receives a certificate of appreciation and The Old North State Award from Andy Frazier and Tiffany Lathan. The Employment Discrimination Bureau held a retirement breakfast for Don in the Old Revenue Building on Sept. 15.

The Winston-Salem office held a retirement party for Charles Knox on Sept. 29, which included a "Sweet" card from the office. Charles also received a Certificate of Service presented to him by Robby Jones, bureau chief, West Compliance. The party was catered by Sylva's.



Consultative Services wishes Scott Hammond a long happy retirement. The bureau helped Scott celebrate his retirement with a luncheon at Logan's Steakhouse on Sept. 29. He served with NCDOL for 27 years and conducted 1,270 visits with employers, eliminating at least 4,431 hazards.



Upcoming Birthdays

10-1 Wanda Lagoe	10-13 Robin Ewart	10-25 Billy Allen
10-2 Mark Cox	10-13 Justice William	10-26 Tommy Petty
10-3 Steve Sykes	10-14 Gene Lassiter	10-26 Howard Laurie
10-4 Bill Essick	10-16 Allan Greene	10-27 Val Eucare
10-5 Lafayette Atkinson	10-16 Nathan Chapoton	10-27 Susan Haritos
10-5 Kristie Hall	10-17 Connie Deuser	10-29 Julie Hughes
10-6 Curtis Hobson	10-18 John Jaskolka	10-29 David Sosebee
10-6 Mark Luniewski	10-20 Patrick Helton	10-30 Kenny Garner
10-6 William Davis	10-20 Jessica Lingren	10-30 Casey Kirkman
10-7 Angelo Owens	10-20 Lemika Morris	10-31 Kathy Canady
10-9 Barry Bailey	10-22 Lane Carter	
10-10 Beverly Stone	10-22 Melissa Rayborn	

State Health Plan and NCFlex Annual Enrollments

State Health Plan Annual Enrollment and NCFlex Annual Enrollment will begin Oct. 1, 2014, and end Oct. 31, 2014. The new plan year for both plans begins Jan. 1, 2015. Employees will complete their enrollments in Beacon under the My Benefits tab. Agencies that use Beacon are not allowed to enroll employees with paper forms. If you find paper enrollment forms online, these are for non-Beacon agencies only.



If you are enrolled in the SHP 70/30 plan and do not need to make any changes, you do not have to re-enroll in the plan.

If you are enrolled in the SHP 80/20 plan or the SHP 85/15 plan and want to receive the premium credits, you must update your online health assessment, make sure your primary care provider information is updated, and attest that you (and your spouse if applicable) do not smoke or are enrolled in a smoking cessation program. The smoking attestation question is part of the enrollment process so you do have to log in to the annual enrollment page in Beacon to complete this. There is a smoking question on the health assessment, along with other lifestyle questions, but that is not the attestation that gets you the non-smoking premium credit.

The NCFlex Healthcare Flexible Spending Account and the NCFlex Dependent Day Care Flexible Spending Account require re-enrollment every year. All other NCFlex plans (Cancer, Vision, Dental, Life, AD&D, Critical Illness) do not require re-enrollment.



The NCFlex Plan has elected to provide the enrollment guide exclusively online this year. You may view it here:

<http://www.oshr.nc.gov/Reward/ncflex/PDFs/2015%20Enrollment%20Guide.pdf>

The State Health Plan began mailing annual enrollment decision guides the week of Sept. 22. You will see that there have been no premium increases, no deductible increases and no co-pay increases this year. You may view a State Health Plan annual enrollment decision guide here:

<http://www.statehealthplan.state.nc.us/library/pdf/annual-enrollment/2015/BEACON-decision-guide.pdf>

Please begin reviewing your options now to give yourself sufficient time to make informed decisions. Please do not wait until the last day to complete your enrollment as the system may be slow or you may have computer problems and may not be able to complete your enrollment in time. An enrollment extension was granted last year because of all the changes and some system problems, but no extensions will be granted this year. The State Health Plan and NCFlex Program have been very clear that the Oct. 31 deadline is a firm deadline.

Please email Stacey.Thompson@labor.nc.gov with any questions you may have.

NCDOL Logo Apparel Sale

Ends Oct. 1. Don't miss this opportunity to buy NCDOL logo merchandise, including hats, T-shirts, polo shirts, button-down shirts, jackets, bags and more. Click [here](#) for catalog.

Email Sarah Beth Koonce at sarah.koonce@labor.nc.gov if you need an order form.

What's New @ Your Library

BY NICK VINCELLI, LIBRARIAN

Revised NFPA Codes Access Instructions

- http://10.21.81.244:8080/etta_one_stop/listingDetails.cfm?&catid=16&subcatid=201

Instructions for accessing online NFPA codes have been revised and can be accessed from OSH One Stop Shop (Library Resources page).

New Titles

- *Certified Environmental, Safety and Health Trainer Examination Study Guide* (2014). Performance Based Safety, 2014.
- *Personnel Hoists and Employee Elevators on Construction and Demolition Sites* (ANSI/ASSE A10.4—2007). ASSE, 2007.
- *Personnel Lifting Systems* (ASME B30.23—2011). ASME, 2011.
- *Specifications for Patented Track Underhung Cranes and Monorail Systems* (MH27.1—2009). Monorail Manufacturers Association, 2009.

New CD-ROMs

- *DataChem ASP prep* (version 5.0). DataChem Software Inc., 2014.
- *DataChem CSP prep* (version 7.0). DataChem Software Inc., 2014.
- *DataChem OHST prep* (version 5.0). DataChem Software Inc., 2014.

New DVD:

- *Forklift Safety Lessons for the Safe Operator* (DVD 740—English/Spanish). ERI; 2013; 15 minutes.

Online FYIs:

- *Backing Up Farm Vehicles and Equipment Safely*
<https://www.osha.gov/Publications/OSHA3733.pdf>
- *Ebola*
<https://www.osha.gov/SLTC/ebola/index.html>
- *Electrocution: Work Safely With Cranes Near Power Lines* (Prevention Videos—English and Spanish)
https://www.osha.gov/dts/vtools/construction/crane_powerline_fnl_eng_web.html
- *Electrocution: Work Safely With Ladders Near Power Lines* (Prevention Videos—English and Spanish)
https://www.osha.gov/dts/vtools/construction/ladder_powerline_fnl_eng_web.html
- *Observation-Based Posture Assessment*
<http://www.cdc.gov/niosh/docs/2014-131/default.html>
- *Protecting Farmworkers From Tractor and Harvester Hazards*
<https://www.osha.gov/Publications/OSHA3706.pdf>
- *Protecting Temporary Workers*
<https://www.osha.gov/Publications/OSHA3735.pdf>
- *Protecting Workers During a Pandemic*
<https://www.osha.gov/Publications/OSHA3747.pdf>