

From the Commissioner

This week is crossover week at the General Assembly. This is when legislators move bills through committees and onto the House or Senate floor in record time. Jennifer Haigwood and Sarah Beth Koonce in Governmental Affairs have been carefully tracking any legislation that will impact our department. Any legislation not related to the budget that isn't approved by at least one chamber today, April 30, will be dead for the session. Thank you, Jennifer and Sarah Beth, for keeping those most affected apprised of any updates.

The silent auction is well underway and so far there are more than 80 items up for the highest bidder. I've noticed the desserts have caused a few online bidding wars. But who can resist Evelyn Zoldak's delicious coconut cake or Rex Edwards' decadent cheesecake. We all seem to have an appreciation for delicious home-made desserts!

For those of you who have not yet visited the site, there is still time as May 6 at noon is the deadline to place your bids. I added several items last week that might interest you, so try to take a minute to log on to the intranet and join in on the fun.

Thanks to the Employee Appreciation Banquet Planning Committee for organizing the silent auction and to Dawain Faison in Research and Information Technology for creating the website. The proceeds will help reduce the cost of the banquet in November.

On a final note, the Raleigh Safety Awards Banquet will take place at the end of the month on Friday, May 29. Lunch and Labor with Cherie Berry will be broadcast live from the Crabtree Marriott again this year. For those of you in the Raleigh area, you can tune into Shaw University's public radio station, WSHA 88.9 FM on the dial, or listen online at http://www.shawu.edu/wsha/Listen Live/Listen Live.aspx.

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Employee News

- Our condolences to the friends and family of Tony Eggleston, who died April 3. Tony worked in the OSH Education, Training and Technical Assistance Bureau from January 2000 until April 2008.
- Forrest and Autumn Wilson (son and daughter of Publications employee Jeff Wilson) will be participating in West Johnston High School's spring production of *Hairspray*. Forrest is a 2013 West Johnston graduate returning to co-direct his second school production, and Autumn will be starring as Penny Pingleton. Hairspray runs Thursday, May 28, through Saturday, May 30, with performances nightly at 7 p.m. and a Saturday afternoon matinee at 2.

Note of Thanks

I want to thank all DOL employees statewide for all the get-well cards, letters, hospital visits and telephone calls I received after my serious auto accident on Feb. 27. I was in the hospital for five days and at home for 29 days in recovery. I am touched by the many contacts I received from all across the state of North Carolina.

Jim Baker, Budget and Management

New Hires

- Kristi Bryson, SCO I, OSH, Winston-Salem.
- Tom Wilder, safety education specialist, OSH, Raleigh.
- Lisanne Dorsch, SCO I, OSH, Raleigh.
- Christopher Sholar, SCO I, OSH, Charlotte.
- Austin Geisler, HCO I, OSH, Raleigh.

Job Changes

- Nicole Brown, from compliance supervisor to bureau chief, OSH, Raleigh.
- Scott Justice, from HCO I to HCO II, OSH, Raleigh.
- Bill Essick, from inspector to inspector supervisor, Elevator, Sophia.
- Stephanie White, from HCO II to health consultant, OSH, Raleigh.

Separations

- David Sosebee, inspector, Elevator, Gastonia.
- Angela Mann, HCO I, OSH, Charlotte.

Retirements

- Lawrence Calhoun, HCO I, OSH, Winston-Salem.
- Doug Lucas, inspector supervisor, Elevator, Pilot Mountain.
- Grady Bebber, supervisor, Consultative Services, Winston-Salem.

Right: Grady Bebber receives a certificate from Kevin O'Barr. On April 28, the Winston-Salem office had a grand send-off for Grady Bebber, who retires at the end of April. Grady has served the N.C. Department of Labor for over 23 years as a compliance officer, consultant and consultation supervisor. Grady will be settling in the Garner area and has three major pursuits planned for his retirement:

- 1. Thoroughly spoiling his grandchildren (three with one on the way),
- 2. Gardening (his specialty is growing tomatoes), and
- 3. Saltwater fishing

Here's to some awesome goal setting!

Upcoming Birthdays

- 5-2 Paula Evans
- 5-3 Kevin Beauregard
- 5-3 Lori Kees
- 5-5 Brian Harper
- 5-6 Judy Durham
- 5-8 Curt Davis
- 5-8 Johana Ramirez
- 5-10 Cory Dunphy

- 5-11 Mike Hopper
- 5-12 Gary Thorpe
- 5-12 Tom Wilder
- 5-13 Brian Scott
- 5-15 Neesia Hill
- 5-16 Krish Chhabria
- 5-19 Rodger Griffin
- 5-21 Doris Gilliam



Above: Commissioner Cherie Berry congratulates Doug Lucas on his retirement. The Elevator and Amusement Device Bureau held a surprise retirement cookout for Doug at Bill Essick's house.



- 5-21 Oscar Coley
- 5-23 Mary Perkinson
- 5-24 Sherry Phillips
- 5-27 Ted Hendrix
- 5-27 David Lyle
- 5-28 Norman Roland
- 5-30 Christopher Miller

TRICARE Supplemental Insurance

Coming in June, NCFlex State Insurance Plans will offer a TRICARE Supplemental Health Plan to TRICARE eligible employees. You must be under age 65, not eligible for Medicare and in one of the following categories:

- Retired military entitled to retired or retainer pay.
- Retired reserve members between the ages of 60 and 65 and entitled to retired or retainer pay.
- Retired Reserve members under age 60 and enrolled in TRICARE Retired Reserve (TRR).
- Spouses/surviving spouses of the above.
- Retired military personnel, spouse/surviving spouse age 65 or older and resides outside the U.S or its territories (must be enrolled in Medicare).
- Retired military personnel, spouse/surviving spouse age 65 or older and ineligible for Medicare (must have Statement of Disallowance from Social Security Administration).

For more information about this great benefit, and to view the rate chart, please visit: http://www.oshr.nc.gov/Reward/ncflex/PDFs/TRICARE%20Supp%20Plan%20Spring%20%202015%20Flyer.pdf

Union County Safety Day

BY REGINA CULLEN, ASH BUREAU CHIEF

On March 17, a team from many agencies collaborated to provide three hours of farm safety training to Spanish-speaking and English-speaking workers. Participating were employees from the NCDOL Agricultural Safety and Health Bureau, NCSU Extension Toxicology and Agromedicine, N.C. Agromedicine Institute, N.C. Farm Bureau, and Union, Stanly, and Anson County Cooperative Extension Centers.

ASH inspector Jessica Quintana worked with NCSU's Julia Storm to train workers in the safe use and application of pesticides. ASH inspector Alan Fortner conducted machinery safety training with equipment provided by Union County Extension. Union County Extension's Richard Goforth taught electrical safety and assisted in providing the equipment, tools, for shop safety (grinder, welder, shop jacks) taught by LaMar Grafft, associate director of the N.C. Agromedicine Institute, as well as equipment safety (skid steer).



ASH inspector Jessica Quintana talks about the safe use of pesticides as NCSU's Julia Storm demonstrates proper use of personal protective equipment.

About 50 Union County residents from several farms attended this safety day sponsored by the Union County Cooperative Extension Office. Andrew Baucom, agriculture agent, coordinated the event with promotional materials developed by Jessica Morgan of Anson County Extension.

In Union County, farms raise poultry, hogs and cattle; grow grains such as corn, soybean and wheat; and crops such as cotton, sweet corn, strawberries and tomatoes. Workers are involved in handling animals, equipment operation and repair, welding, pesticide application, and crop activities.

ASH inspector Alan Fortner instructs a group of farmworkers about safety.



Since much grain is grown there, grain bin safety is an important issue. LaMar Grafft provided training on grain bin safety. A grain safety demo was set up in the middle section of the conference area (40-foot ceiling) with access to rafter/girder for demo during the general session after lunch. Angelina Schiavone of Full Circle Interpreting provided simultaneous Spanish interpretation during this demo.

In addition to the safety training, AgriSafe-NC staff provided health screenings for participants. Those attending the training could have their blood pressure checked and their blood sugar tested during registration, lunch or session breaks.

What's New @ Your Library

BY NICK VINCELLI, LIBRARIAN

Revised Standards List

• http://10.21.81.220/etta_one_stop/listingDetails.cfm?&catid=16&subcatid=201

The standards list has been updated and can be accessed from OSH One Stop Shop (Library Resources page).

New Print Titles

- Guide to Occupational Exposure Values (2015 edition). ACGIH, 2015.
- Handbook of Toxicology (3rd edition). CRC Press, 2014.
- Hayes Principles and Methods of Toxicology (6th edition). CRC Press, 2014.
- Liquid Propane Gas (LPG) Fuel Cylinders (Horizontal or Vertical) Mounting—Liquid Withdrawal—For Powered Industrial Trucks. (ANSI/ITSDF B56.11.7-2011). Industrial Trucks Standards Development Foundation, 2011.
- Safety Requirements for Self-Retracting Devices for Personal Fall Arrest and Rescue Systems (ANSI/ASSE Z359.14-2012). ASSE, 2014.
- Safety Standard for Operator Controlled Industrial Tow Tractors (ANSI/ITSDF B56.9-2012). Industrial Trucks Standards Development Foundation, 2012. Donated by Jesse Mendoza/OSH-ETTA.
- Safety Standard for Rough Terrain Forklift Trucks (ANSI/ITSDF B56.6-2011). Industrial Trucks Standards Development Foundation, 2011.
- Safety Tags and Barricade Tapes ... (ANSI Z535.5-2011). NEMA, 2011.
- *Scaffolding Safety Requirements* (ANSI/ASSE A10.8-2011). ASSE, 2011.
- Standard Guide for Selection and Use of Flat Strapping Materials (ASTM D4675-14a). ASTM, 2014.
- Standard Specification for Strapping, Nonmetallic and Joining Methods (ASTM D3950-12a). ASTM, 2012.
- TLVs and BEIs ... (2015 edition). ACGIH, 2015.

New DVD

• Industrial Ergonomics: Employee Training (DVD 758e—English). American Training Resources; 18 minutes; 2001.

Online FYIs

- 2015 National Safety Stand-down (video) https://www.youtube.com/watch?v=w_-2YUXff00&feature=youtu.be
- Adding Inequality to Injury: The Costs of Failing to Protect Workers on the Job http://www.dol.gov/osha/report/20150304-inequality.pdf
- *Cultivating Compliance: An Agricultural Guide to Federal Labor Law* http://www.dol.gov/whd/FLSAEmployeeCard/AgGuideEnglish.pdf

• Best Practice Engineering Control Guidelines to Control Worker Exposure to Respirable Crystaline Silica During Asphalt Pavement

http://www.cdc.gov/niosh/docs/2015-105/

• Evaluation of Carpal Tunnel Syndrome and Other Musculoskeletal Disorders among Employees at a Poultry Processing Plant

http://www.cdc.gov/niosh/hhe/reports/pdfs/2014-0040-3232.pdf

- *Filing Whistleblower Complaints Under the Clean Air Act* https://www.osha.gov/Publications/OSHA3784.pdf
- *Filing Whistleblower Complaints Under the Federal Water Pollution Control Act* https://www.osha.gov/Publications/OSHA3785.pdf
- *Filing Whistleblower Complaints Under the Safe Drinking Water Act* https://www.osha.gov/Publications/OSHA3786.pdf
- *Filing Whistleblower Complaints under the Seaman's Protection Act* https://www.osha.gov/Publications/OSHA3762.pdf
- Green Tobacco Sickness https://www.osha.gov/Publications/OSHA3765.pdf
- *Guidelines for Preventing Workplace Violence for Healthcare and Social Service Workers* https://www.osha.gov/Publications/osha3148.pdf
- Information on Carbon Monoxide Poisoning for N.C. Farmers https://www.youtube.com/watch?v=RlzUfWzd79g
- Interim Guidance for U.S. Businesses, Employers, and Business Travelers to Prevent Exposures to Ebola http://www.cdc.gov/vhf/ebola/business/business-travelers.html
- *Meat Packing Industry* https://www.osha.gov/SLTC/meatpacking/index.html
- National Safety Stand-Down Poster https://www.osha.gov/StopFallsStandDown/poster.pdf
- Promoting Health and Preventing Disease and Injury Through Workplace Tobacco Policies http://www.cdc.gov/niosh/docs/2015-113/default.html



2015 Silent Auction

Sponsored by the Employee Appreciation Banquet Planning Committee

Auction opens Tuesday, April 14 at 8 a.m.

and ends Wednesday, May 6 at Noon

Log on to the Intranet at http://10.21.81.220/ncdol-intranet/ and click on Silent Auction to add a new item or place your bids!