

As we head into October, that means we are getting closer to our favorite fall activities, heading to the mountains to see the changing leaves, fair season will be in full swing and of course, Halloween!

The Employee Recognition Banquet is coming up on Oct. 11 at the McKimmon Center in Raleigh. I look forward to seeing everyone there! It is sure to be a spectacular event with great food, fun and fellowship.

It's that time of year again, the return of the N.C. State Fair. The N.C. State Fair kicks off Thursday, Oct. 12 and runs through Sunday, Oct. 22 at the N.C. State Fairgrounds in Raleigh. Our Elevator and Amusement Device Bureau inspectors have already been hard at work inspecting rides throughout our state for many other fairs and are ready to roll for the N.C. State Fair to ensure rider safety. In addition to the important work of our inspectors, we need volunteers to staff our NCDOL booth in the Kerr Scott Building. Our booth will have a new look this year along with some additional surprises. Stay tuned! Please invite your colleague, spouse or friend to join you to work a four-hour shift at the booth. This is a fun opportunity to educate fairgoers about the department's work and North Carolina trivia. Please contact John Mallow about available time slots and remember to get your supervisor's approval in advance.

Have a wonderful October and I hope you enjoy family time, carving pumpkins, apple cider and trick-or-treating. Happy Halloween!

Josh Dobson

EMPLOYEE NEWS

Congratulations to Frank Castillo and his wife on celebrating their 33rd wedding anniversary on Sept. 22!

NEW HIRES

- Kevin Frye, REDB, program coordinator II, Raleigh
- Ayda Mekonen, OSH West, OSHA safety officer I, Charlotte
- Daisy Graziano, PSIM, social research specialist I, Raleigh
- Gabriela Vasquez, Financial Services, accounting technician I, Raleigh

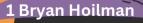
SEPARATIONS

- George Bryant, Wage and Hour, wage and hour investigator I, Raleigh
- Mark Tulio, OSH East, OSHA safety officer I, Wilmington



Congratulations to Edgar Starnes and his wife, Marilyn, on the birth of their grandson, Shepherd Graham Clark. He was born on Sept. 26, 2023 at 10:19 p.m. weighing 7 lbs. 12 oz.

October Birthdays!



1 Wanda Lagoe

4 Michael Greer

4 Scott Mabry

4 Theodore Place

5 Kristie Hall

5 Lynn Stephenson

6 Curt Hobson

6 Mark Luniewski

6 Ayda Mekonen

7 Beverly Lott

10 Claudia Larrain-Campbell

10 Beverly Stone

11 Dave Crank

11 Keith Modrow

12 Donald Payne

13 Robin Ewart

15 Deane Mills

17 Gabriela Vasqu<mark>ez</mark>

20 Patrick Helton

22 Nathan Cline

22 Lisa Rayborn

26 Warren Lutz

26 Tommy Petty

27 Rickey Parker



HUMAN RESOURCES UPDATE

Your Mygroup EAP

By Angela Hamilton, Human Resources

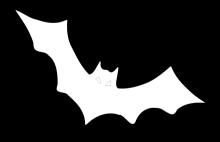
Your EAP administered by MYgroup is available to all NCDOL employees. This service is free and confidential. It is available 24 hours a day and can help in all areas of life. It includes up to three free counseling sessions for employees and members of their household. The EAP is not just a resource for mental health, they can assist with work-life balance issues as well as referrals for other specialized services.

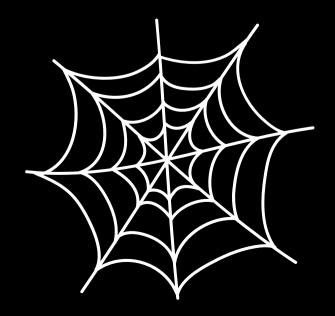
Just call or log on to get started.

TOLL-FREE: 888-298-3907

WEBSITE: www.mygroup.com>My Portal Login>Work-Life

USERNAME: nclabor PASSWORD: guest







ALL-STAR DOBSON DODGERS



Three of our NCDOL Dobson Dodgers players were voted to play in the all-star softball game. Join us in congratulating John Rosser, Jeremy Smith and Skyler Allen in their great performance in the game, as well as Kent Woodson as game umpire.





This month the ERC held a pie baking contest. There were 12 submitted pies with a variety of flavors. Thank you to all who participated!

place Robert Olman and third place Meredith Watson.

Edgar Starnes - Old Fashioned Apple Pie Robert Olman - Blueberry Pie Skyler Allen - Chocolate Peanut Butter Pie Paulette Geddes - Chapple Pie Shannon Council - Millionares Pie

Jill Cramer - Chocolate Chess Pie Jill Cramer - Lemon Chess Pie Meredith Watson - Bacon Bourbon Pecan Pie Sophie Plott - Chocolate Cream Macadamia Dream Sophie Plott - Coconut Cream Pie Kyla Virden - Ooey Gooey Brownie Pie Jackie Tanner - Twisted Key Lime Pie









Online Resources

- **Confined Space Fire.** OSHA Fatal Facts No. 19 in English and Spanish.
- Five Ways to Stay Safe When Working with Rail Cars in Marine Terminals. OSHA poster in English and Spanish.
- ...Hotel Workers. NIOSH Safety and Health at Work document.
- Keeping Cool: Training to Reduce Heat Stress **Incidents in Mines.** NIOSH mining publication (training module).
- Labor Force Characteristics in Construction and All Industries, 2011-2022. CPWR Data Bulletin.
- MigrantWorker.gov. USDOL webpage in English and Spanish.
- NIH News in Health. September 2023 issue.
- **Preventing Occupational Noise-Induced Hearing Loss.** NIOSH online guide.
- Role of Employers in Preventing Suicides. OSHA publication in English and Spanish.
- **Safety + Health.** September 2023 issue.
- Safety for Workers in Elementary and Secondary **Schools.** NIOSH blog post.

Online Resources Cont.

- Staying Safe When Digging: Trenching and Excavation Basics. Recorded CPWR webinar.
- Storm, Flood and Hurricane Response. NIOSH webpage.
- Suicide Prevention in the Construction Industry... Recorded CPWR webinar.
- Worker Exposure to Silica during Countertop Manufacturing, Finishing and Installation. Revised OSHA/NIOSH publication.

Periodical Issues

- *OH&S*. September 2023 issue. 1105 Media Inc., 2023.
- Safety + Health. September 2023 issue. National Safety Council, 2023. Donated by Wanda Lagoe, OSH-ETTA.

Books

- Employer Rights and Responsibilities Following a Federal OSHA Inspection. Call No. HD 3665 .E47 2023. USDOL-OSHA, 2023.
- Safe Use of Lasers. ANSI Z136.1--2022. Laser Institute of America, 2022.













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